

Most Needed Food Items

Dry Noodles

Dry Beans (1-2 lb bags)

Rice (1-2 lb bags)

Tomato Products

Cooking Oil

Sugar (no loarger than 5 lbs)

Flour (no larger than 5 lbs)

Peanut Butter

Canned Meats

Most Needed Hygiene Items

Shampoo

Feminine Hygiene

Toothpaste

Toothbrushes

Baby Wipes

Baby Diapers Size 4, 5, 6

Toilet Paper